



MESPO-COWIN

**COVID -BEATING PROGRAM
MES PONNANI COLLEGE, PONNANI**

Atty



Ameera
Principal
MES Ponnani College
Ponnani South - 679 586

BUSHARA.M.V
Assistant Professor and
P.G. Department of Education
MES Ponnani College
P.O.Ponnani South



MES PONNANI COLLEGE
PG Department of Economics
 conducts

Workshop on Emergency Care
 For Students

Workshop on covid vaccine registration
 Guided by Health department

PREVENT COVID - 19
 Follow Health Protocol

INAUGURATION
 Shiyadas Aattupuram
 Municipality Chairman

RESOURCE PERSON
 Zainaba
 Health Inspector

28 July 2021
MSK Hall




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 Ponnani South - 679 586

ARJ
BUSHARA.M.V
 Assistant Professor
 PG. Department of Economics
 MES Ponnani College
 P.O. Ponnani South

PG Department of Economics

Organises

Work Shop on Emergency Care for Students(registration of covid vaccine)-
on July 2021

Programme Schedule

Welcome Speech	Dr Ajims P Mohammed (Principal, MES Ponnani College)
Inaugural Address	: Shivadas Attupurum
Resource Person	: Zainaba, Health Inspector
Vote of Thanks	: Dr. Bushara M.V (Head & Asst. Professor of Economics)



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Bushara M V

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P.G. Department of
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Workshop on Emergency Care for Students(registration of covid vaccine)- on July 2021

a workshop on emergency care for students(registration of covid vaccine) on July 28, 2021 was held at MSK Hall.The inauguration was done by Ponnani Muncipal Chairman Shivadas Attupurum.The resource Person was health inspector Sainabha.There were 67 participants in this programe. The event was very successful as it provide a good orientation to students for vaccine registration.Following this workshop,students did many vaccine registration to local people

Registration done by students

Name	Department	Covid Help Desk	Number of registration
NAFEESAMUMTHAZ K	Economics	registration of covid vaccine	8 Local People
NAFEESATHULMISRI YA T P O	Economics	registration of covid vaccine	8 Local People
NAJMA P P	Economics	registration of covid vaccine	8 Local People

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AKW
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P.O.Ponnani South

RAWFEEDA K	Economics	registration of covid vaccine	8 Local People
RISHALA K M	Economics	registration of covid vaccine	8 Local People
ABHIRAMI K V	Economics	registration of covid vaccine	8 Local People
BENAZIR	Economics	registration of covid vaccine	8 Local People
DRISYA P	Economics	registration of covid vaccine	8 Local People

AKD

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*ANGEL**
Principal
MES Ponnani College
Ponnani South - 679 566

RIZWANA	Economics	registration of covid vaccine	8 Local People
FASEELA BEEVI C	Economics	registration of covid vaccine	8 Local People
INDIRA MANIKANDAN	Economics	registration of covid vaccine	8 Local People
GREESHMA V P	Economics	registration of covid vaccine	8 Local People

Online Participants List

Shanashareef 0

9:38 AM

Shahana vp 59

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Akhil
BUSHARA.M.V
Assistant Professor in Charge
P.G. Department of Economics
MES Ponnani College
P.O. Ponnani

Shamna tk

9:38 AM

Shamna tk Roll no 61

Hamna Bareera

9:39 AM

Hamna Bareera. Kp 44

Arafana Safarulla

9:39 AM

Arafana safarulla Roll no 32

Shamna Pm

9:39 AM

Shamna PM Roll no:60

Najma

9:39 AM

Najma p.p Roll no:11

Drishya P.v

9:39 AM

Drishya p.v Roll no:38

MOHAMED ASLAM KP

9:39 AM

MOHAMED ASLAM KP ROLL NO:- 1

irfana irfu

9:40 AM

Irfana.P Roll no. 46

anshitha K

9:40 AM

Anshitha k No31

Ameera
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Ponnani South - 679 586

Atul
BUSHARA P
Assistant Professor
P.G. Department of Education
MES Ponnani College
P.O.Ponnani South
COLLEGE
P.O. PANNANI SOUTH
PIN - 679 586

Mubashira Cp

9:40 AM

Mubashira cp Roll no 7

Shafna AN

9:40 AM

Shafna AN 58

Najha Naju

9:40 AM

Najha 54

Gopikadas Gopikadas

9:40 AM

Gopika.k roll no:43

Fahmitha AP

9:40 AM

Fahmitha AP Roll no : 39

Jaseela jasi

9:41 AM

Yes miss

Muneesha muni

9:42 AM

Muncesha.P 52

Jaseela jasi

9:42 AM

Jaseela.kv Roll no 48

Megha Meghuus

9:42 AM

Megharsha K 50

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AKH
BUSHARA.M.V
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MES Ponnani College
P.O.Ponnani South, Taluk...

Sumisha VT

9:47 AM

Sumisha vt Rollno 67

Sandeep Mp

9:47 AM

Sandeep. Mp 28

Vismaya Mohan

9:49 AM

Vismaya mohan 69

RAHNA C

9:49 AM

Rahna 19

Anshitha. A

9:57 AM

Anshitha.A Roll no.3

anshitha K

National workshop on sustainability and rural development on 22/2/2022

A National workshop on sustainability and rural development in collaboration with MGNCRE was conducted on 22/2/2022. The programme intended to explain the Swachhata action plan of MGNCRE. The programme inaugurated by Dr. Ajims P Mohammed and presided by **Dr. MV Bushara**, head of the economics department. Programme started at

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P.G. Dept. Economics
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P.O. Ponnani South

2.30 p.m at MSK Hall. Nearly 123 students participated in this programme. The MGNCRE resource person Mr. Rasak Cheruvanasery explained the topic excellently that students understood the importance of community services and they expressed their willingness to work and participate in community engagement programmes. Jerin Sakker , student of first B.A expressed the gratitude in this function.

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MESPO-COWIN(Covid Task Force) 8/6/21

MESPO-COWIN-COVID TASK FORCE



Where there is Rural Wellbeing
there is Universal Prosperity

Covid special cell started at MES Ponnani College under Mahatma Gandhi National Council of Rural Education (MGNCRE) Programme of Ministry of Education, Govt of India. The main objective of this cell is to provide the guidance for psychological counselling for Covid-19 positive patients and their family members and to help them in the hospital and non-hospital Covid services. MESPO-Cowin is constituted with more than 100 students and 10 teachers from the various department of the college. The Department of Economics started the cell on 8/6/2021.

Major Objectives of MESPO-Cowin

1. To provide hospital management for Covid related activities
2. To provide emotional support for Covid positive patients and their family
3. To give support to medical supply team in Ponnani Taluk
4. To reduce psychological arousal and anxiety of the patients and their family

Faculty Members of MESPO-Cowin

1. Dr. Ajims P Mohammed, Principal
2. Dr. Bushara M.V. — Co-ordinator
3. Ms Asha Neendur

Ame
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Alch
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4. Ms Ambili S
5. Ms Shamila V.U
6. Mr Limseer Ali P
7. Mr Saidalavi V.P
8. Ms Minshiya P
9. Ms Nusrath K
10. Dr. Mujeeb Rahman

Teams of MESPO-COWIN

There are 5 Teams of students for specific services in the Covid Beat campaign.

- Team 1: Hospital Management Team
- Team 2: Non-hospital Management Team
- Team 3: Family and emotional Support Team
- Team 4: Medical Supplies Team
- Team 5: Psycho Social Support Team



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TEAM 1 : HOSPITAL MANAGEMENT

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Athura is a team of 20 students from nearby areas of the college.

Volunteers providing emergency services and oxygen cylinders to Ponnani Taluk Hospital.

Major Services Provided by Hospital Management Team

SI No	Service Provided	No. of Participants
1	Started covid vaccine help desk	13
2	Helping the people to antigen tests in Ponnani Taluk Hospital	16
3	Acting as DCC Volunteers	7
4	Distribution of PPE Kits to various hospitals	4
5	Medicine distributed to Ponnani, Thavanur and Pattambi CFLTs	8
6	Emergency Services provided to funerals of covid patients	4
7	Refilling of Oxygen Cylinders	3
8	Providing nursing services to old age people	12
9	Covid vaccination data entry in Hospitals	18
10	Emergency services to covid patients	6

Ameetha
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Details of Students in Hospital Management Team

Name	Category	Contact Number	Email id
MOHAMMED YASIR. K	Student	7510286216	yasiryanams1921@gmail.com
MOHAMMED SHIBIL C	Student	8943371756	shibilbinummer53911@gmail.com
NASNA AK	Student	9539473730	aknasna@gmail.com
MURSHIDA PARWIN CV	Student	8156919187	murshidaparwin12@gmail.com
SHAJIMNA SHERIN VT	Student	9567311233	nazzsherin@gmail.com
AYISHA NASREEN	Student	9846524737	ayishanasreen63@gmail.com
NUSAIMA	Student	8089833130	nusaimachikku@gmail.com
APARNA A	Student	8891112586	aparnaambalil@gmail.com
RASI FARHAN M. V	Student	6235352284	rasifarhan123@gamil.com
DILSHA VV	Student	8089338389	dilshanasarvv@gmail.com
JERIN SAKKEER	Student	7736737501	jerinsakkeer@gmail.com
SHAMNA TK	Student	7591976113	shamnamol248@gmail.com
ARDRA.P.V	Student	7902468235	ardrapv7813@mesponnanicollege.ac.in
JAMEELA THASNI	Student	8592976253	jameelathasni2@gmail.com
DEVANANDAN P S	Student	9074805532	devanandanvattaparambil@gmail.com
MURSHIDHA .M	Student	7356375900	marzookkmt@gmail.com
AYISHA NASREEN	Student	9846524737	ayishanasreen63@gmail.com
VINIMA.KP	Student	6235927834	vinimakp@gmail.com
FASNA SHUKOOR	Student	8590690019	fasnashukoor2002@gmail.com
SAFVANA P	Student	9061483607	safusafuvana3@gmail.com
SUMAYYA PP	Student	9072590714	sumayyapp401@gmail.com



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Arshad
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TEAM 2: NON-HOSPITAL MANAGEMENT

ദേശമ

Volunteers have provided a wide range of services like helpline , connecting the food delivery to the Covid patients and more. It is a team of 20 students.

Major Services Provided by Hospital Management Team

SI No	Services Provided	No. of Students participated
1	Survey conducted to find out non-vaccinated people in Taluk	20
2	10 houses of covid patience sanitised	6
3	Help to take admissions of Covid positive patients in hospitals and CFLTs	7
4	Provided necessary commodities to homes in containment zones	8
5	Provide other services to containment zones	12



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Details of Students in Hospital Management Team

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NAJMA P.P	Student	8129089226	poovathparambil9072@gmail.com
SHAMEEM ALI P	Student	8137068142	padikkal850@gmail.com
GOPIKA.K	Student	8086603768	gopikadasgopikadas87@gmail.com
AKHILESH PM	Student	7902216217	akkuakhil4543@gmail.com
RENA JASRA T	Student	9778391044	renajasra@gmail.com
MINSHIYA P	Assistant Professor	9745517334	minshiya@rediffmail.com
SHANA SHIRIN.V	Student	9645966272	shanashirinvshani@gmail.com
FATHIMA NISMA.K	Student	8089942665	fathimanismanejmu@gmail.com
VINAYA P	Student	8137977944	vinayaachu9526@gmail.com
JISHITHA C	Student	7736520717	jishithac28@gmail.com
VINSA NARGESE	Student	9746175818	vinsanargeese@gmail.com
SHHANA SERIN	Student	8943657957	shihanaserin@gmail.com
VINITHA RAGHUNATH	Student	9745806230	www.vinitharaghunath17@gmail.com
AYISHA SHUHANA.E K	Student	7034226992	suhanaayisha4@gmail.com
NASNA AK	Student	9539473730	aknasna@gmail.com
VISHNUMEGHA. K	Student	7558831653	vishnumeghak2020@gmail.com
AYDHA T K	Student	7306587294	ayshatk594@gmail.com
AMBILI S	Student	9946958121	sambilijayak@gmail.com
MUHAMMED SAHIL. V	Student	9207939594	sahilpalliyali123@gmail.com
GOKUL KRISHNA	Student	7560857908	gkcherath@gmail.com



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Abhil
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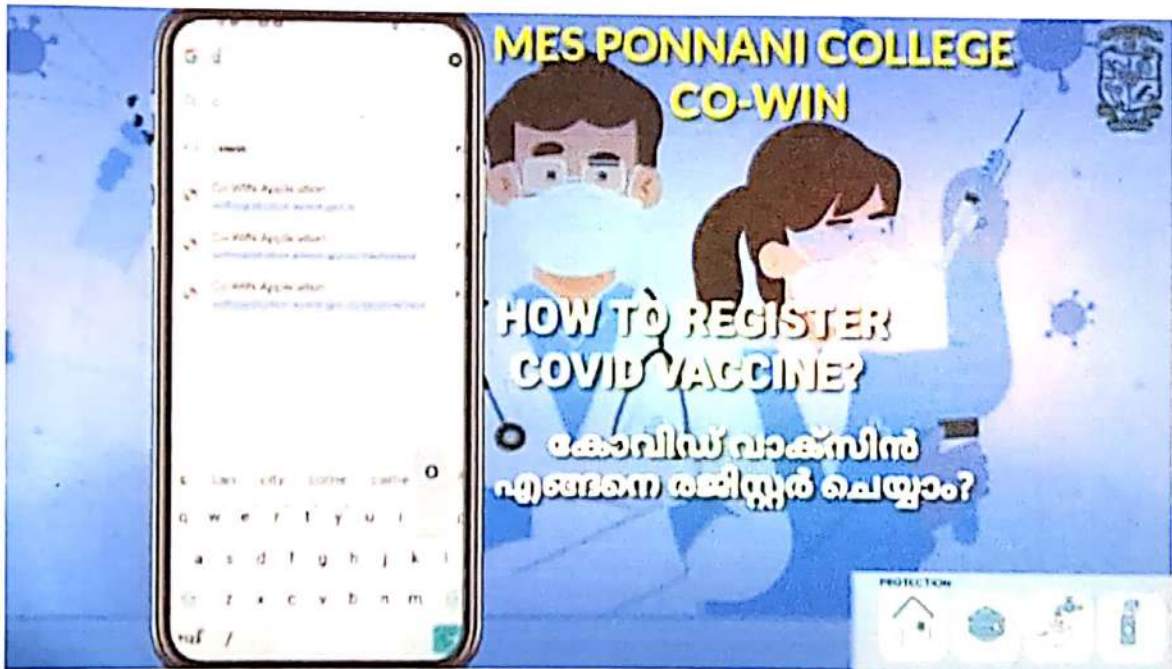
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Akshay
BUSINESS
Assistant
P.G. Department
MES Ponnani College
P.O.P.

Team 3: Family & Emotional Support
പ്രതീക്ഷ

Students have actively participated in the counseling sessions and helped the old age people for the successful registration of Covid vaccine. It is a team of 20 students.

**Video created by MESPO-COWIN about vaccine
Registration**



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Akshya
BUSHARA.M.V
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MES Ponnani College
P.O.Ponnani South, Pin.679586

Major Services Provided by Family & Emotional Support Team

SI No	Services Provided	No. of Students participated
1	Provided counselling for various family	16
2	Helping for Covid vaccination	18
3	Provided video for registration of Covid vaccine	13
4	Cultural programs conducted through google meet	20



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Details of Students in Hospital Management Team

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SURABHYA VP	Student	9745173841	surabhyavp31@gmail.com
PRATHYUSHA.P.P	Student	6282383743	prathyushaappus@gmail.com
NAFEESATHUL MISRIYA	Student	7510753071	tpomisriya2001@gmail.com
SAHEEDA.P	Student	9745381233	saheedap2001@gmail.com
FATHIMA SHIMNA	Student	9846779398	shimnasharaf7@gmail.com
THASLEEMA U. M	Student	8590748977	thasleemakadhar@gmail.com
KAVYA TS	Student	9037259937	kavyakavu601@gmail.com
SAJNA KM	Student	7736628480	salamsajna6@gmail.com
JASNA SHERIN.V	Student	9037303800	jasnasherin681@gmail.com
FARHANA SHERIN K	Student	9744861183	farhanasherink818@gmail.com
NASREEN.K	Student	6282606241	nasrinknasrin123@gmail.com
FIDA NASARIN P V	Student	6238443482	rasik598@gmail.com
FATHIMATHUL SELVA CV	Student	9605299498	sidheekponnanisidheek@gmail.com
FASEENA T. K	Student	9605493499	faseeenatk@gmail.com
HISANA THASNEEM	Student	8943373827	hisanathasneem912@gmail.com
UMMU JUMAILA. PP	Student	9539786989	ummujumailapp@gmail.com
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SHANA SHERIN MV	Student	7356127098	shanasherin416@gmail.com
SANDEEP MP	Student	9072461825	mpsandeep21@gmail.com



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TEAM 4 - MEDICAL SUPPLIES TEAM

ആശ്രയ

The participation of volunteers among the medical distribution was incredible. 20 members included in the Medical Supplies Team.

Details of Students in Medical Supplies Team

Name	Category	Contact Number	Email id
SUMISHA VT	Student	7306389035	sumishavengad2019@gmail.com
Arya k	Student	8590318187	2017aryak@gmail.com
SULFIYA.P	Student	8129409708	Sulfisulfiya255@gmail.com
LASHIBA LUBIN	Student	6238795926	lashibalashi773@gmail.com
KHAULAL HIND AK	Student	9747650139	khaulal019@gmail.com
NEJLA P	Student	9633323224	nejlap41@gmail.com
NABEEL RAHMAN	Student	7356376463	nabeelrahmank8158@mesponnanicollege.ac.in
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NABEEL RAHMAN	Student	7356376463	nabeelrahmank8158@mesponnanicollege.ac.in



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RAMSEENA	Student	9495000643	ramseenab7@gmail.com
MOHAMED ASLAM KP	Student	8281683910	aslamlukp99@gmail.com
JISHIN U P	Student	9895736598	jishinrajkumar12345@gmail.com
KRISHNENDU. T	Student	8138096333	krishnenduk412@gmail.com
AYSHA REHNA	Student	7902709224	ayshaawss@gmail.com
AYSHA A	Student	8943115144	ayshaarappayil@gmail.com
SANA NASRIN M P	Student	9745036901	sanasananasrin18@gmail.com
NAHEEMA AP	Student	8606570761	naheemaap2@gmail.com
RINSHA MK	Student	9037871017	rinshagafoor28@gmail.com



"കരുതേതകാം .. കരുതലാകാം"

ഈ സമയത്ത് നമ്മുടെ മേൽ പലതരം അപായങ്ങളും കഴിയുന്നവരുടെ ഇടയിൽ നീളി അറിയാത്തവർക്ക് പണം ലഭ്യമാക്കാൻ ഈ പ്രോജക്ട് വഴി നമ്മുടെ സഹായം നൽകാൻ സാധിക്കും.

"₹ 50 CHALLENGE"

നിങ്ങളുടെ പങ്കാളി, ഭർത്താവും

 **9074805532**

MES Ponnani College
NBS UNITS 28 & 27

Atty



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Ponnani South - 679 586

BUSHARA.M.V
Assistant Professor and
P.G. Department of
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P.O. Ponnani

Major Services Provided by Medical Supplies Team

SI No	Services Provided	No.of Students participated
1	Conducted a 50 Rupees challenge program in the for providing Oximeter to hospital	20
2	Distributed medical equipments to various hospitals in Ponnani Taluk	20
3	Services to medical and lab tests	13
4	Acting as volunteers in CFLTCs	6

Team 5 - Psycho Social Support

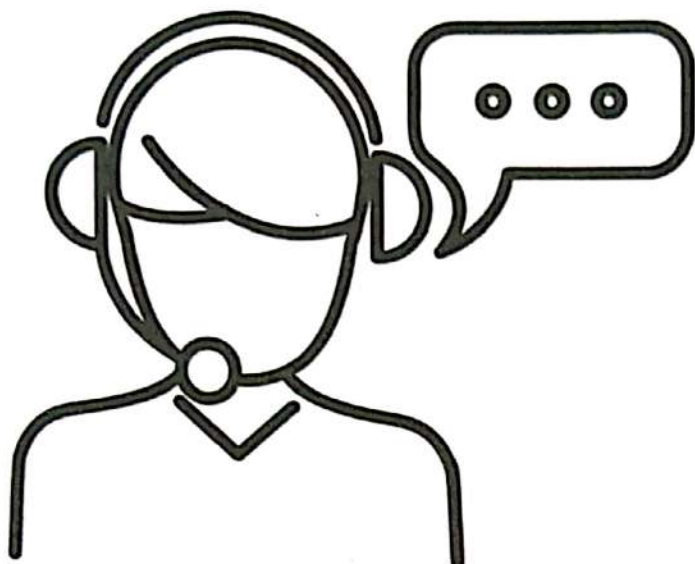


Students have provided psycho-social support to Covid patients and their family. It included 20 students. All members in the Manasa Team called covid positive patients and their family members to give mental support to them. It will help them to easy cure and return to normal life. Bereavement, isolation, loss of income and fear are triggering mental health conditions or exacerbating existing ones. Many people may be facing increased levels of alcohol and drug use, insomnia, and anxiety. It was a great experience to the students.



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Details of Students in Psycho-Social Support Team

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NUSRATH K	Student	9846997113	nusrathk.123@gmail.com
MUHAMMED NAJEED P	Student	9.17035E+11	najidp1234@gmail.com
RAHNA	Student	9061770481	rahnachittambalam@gmail.com
SHAHANA VP	Student	9745882799	shanashareef101@gmail.com
ARUN VM	Student	7306262996	arunpothanur@gmail.com
MUHAMMED BASIL MC	Student	9061835473	basilsha99@gmail.com
SONA SIVADAS A P	Student	9567049417	sonaik0004@gmail.com
VINAYA P	Student	8137977944	vinayaachu9526@gmail.com
FEBINA SHERIN M	Student	9846206632	Febina06062002@gmail.com
JASMIN. P-V	Student	9778345449	Achujasmin@gmail.com
SEHEELA M V	Student	9074133030	faisalsahla555@gmail.com
SHAJIMNA SHERIN V T	Student	9567311233	nazzsherin@gmail.com
FATHIMA SAFA.P A	Student	8848348468	fathimasafa092@gmail.com
INDIRA MANIKANDAN	Student	7306786720	indiramanikandan33@gmail.com
HIBA MAJEED	Student	9778364603	hibamajeed708@gmail.com
SHANA SHERIN MV	Student	7356127098	shanasherin416@gmail.com
RAMSEENA C	Student	9061922760	ramseenaram217@gmail.com
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ANAGH.V.MADHH	Student	9544393807	anaghmail@gmail.com
AYANA T	Student	7356948340	ayanest99@gmail.com

Other Services

- Tied up with Ponnani hospital & Ezhuvathiruthi PHC for works
- Conducted 4 meetings with various agencies, municipal counsellors and volunteers
- Distributed learning aids to students living in the coastal area
- All teachers and students vaccinated with the help of MESPO-COWIN
- A mega vaccination camp conducted in college under the MES Management with help of MESPO-COWIN
- 3082 people are vaccinated through the mega campaign conducted in the MES Ponnani College from 21st to 23rd August 2021
- MESPO-COWIN Team working as an essential medical and non-medical support team in the area.

MES PONNANI COLLEGE

MESPO-COWIN

JOIN WITH US HELPING HAND

കോവിഡ് മൂലം ദുരിതം അനുഭവിക്കുന്ന തിരദേശ പ്രദേശത്ത് താമസിക്കുന്ന വിദ്യാർത്ഥികൾക്കുള്ള പഠനോപകരണ കിറ്റ് വിതരണം.

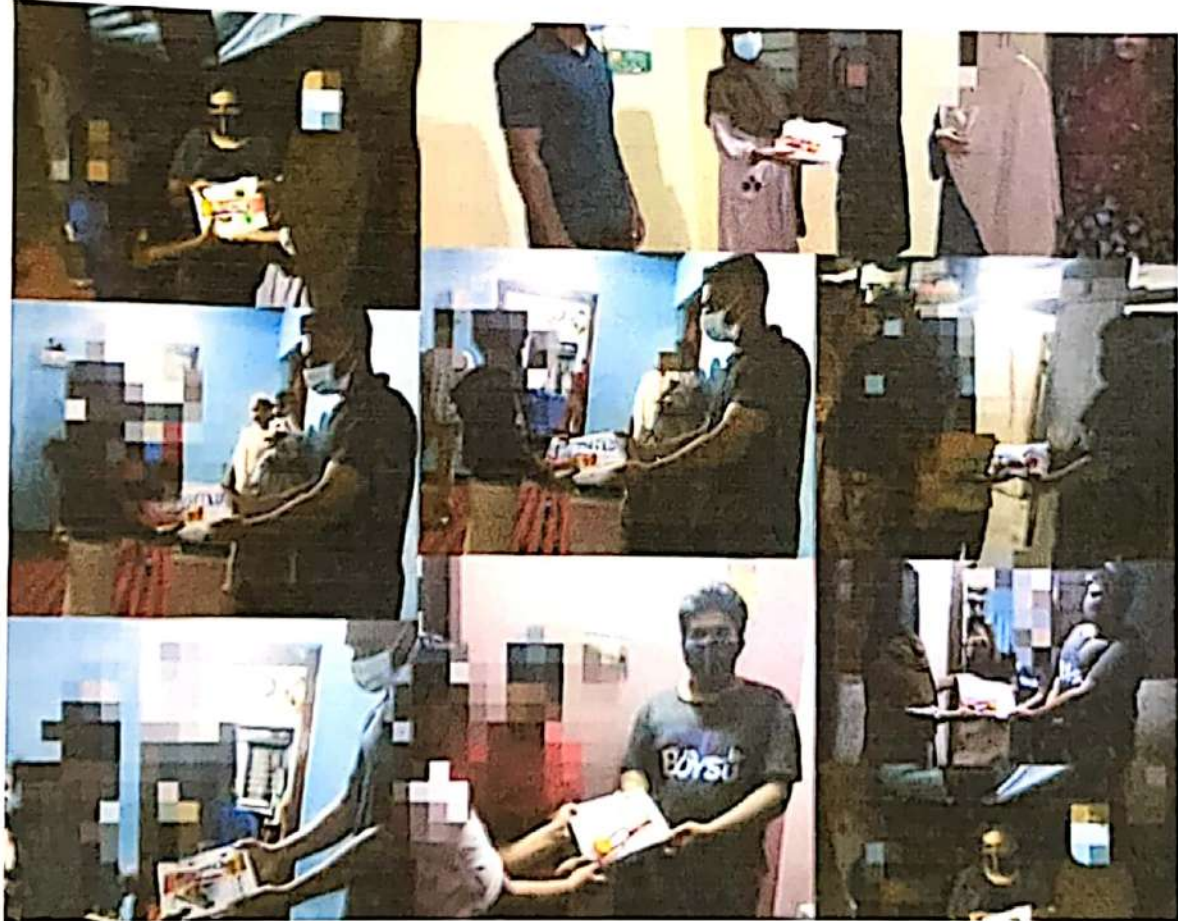
നിങ്ങളുടെ ചെറിയ സംഭാവന അവരുടെ ജീവനും പഠനത്തിനും തുടർച്ചയ്ക്കും മാതൃകാപൂർവ്വ സാധന ക്വറന്റൈൻ സഹായിക്കുകയും ചെയ്യും. നിങ്ങളുടെ ഏറ്റവും വലിയ സംഭാവനയും പ്രതീക്ഷിക്കുന്നു.

ABH



Principal
MES Ponnani College
Ponnani South - 679 586

BUSHARA.M.V
Assistant Professor and Head
P.G. Department of Economics
MES Ponnani College
P.O.Ponnani South



M.E.S COLLEGE PONNANI

P.G. DEPARTMENT OF ECONOMICS

REPORT ON KERALA BUDGET ANALYSIS 2021-2022

Akshay



Ameera
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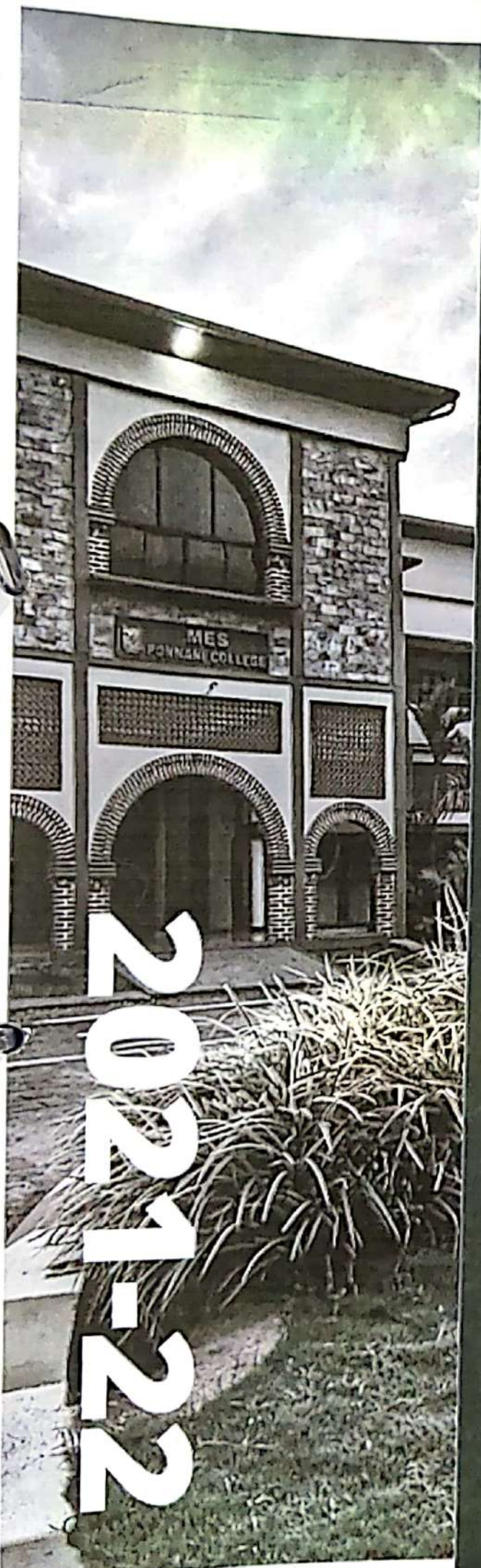
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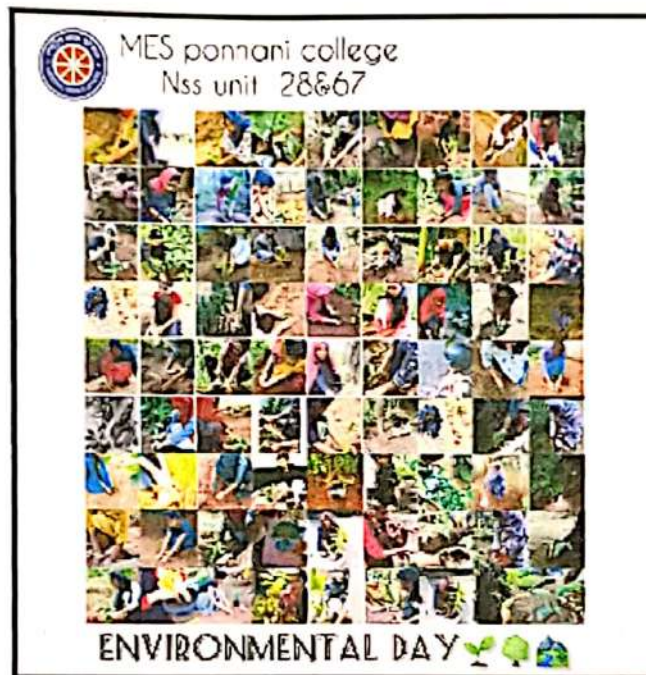
ANNUAL REPORT

NATIONAL SERVICE SCHEME
UNIT 28, MES PONNANI COLLEGE
UNIVERSITY OF CALICUT

2021-22



• **TREE PLANTING ON WORLD ENVIRONMENT DAY:**



World Environment Day is celebrated every year on June 5th to raise awareness about environmental issues and encourage people to take action to protect the planet. Tree planting is one of the most effective ways to combat climate change and promote biodiversity, making it a popular activity for Environment Day celebrations.

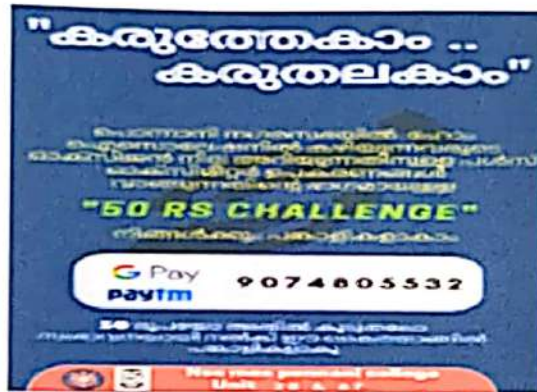
As part of tree planting activity, due to Covid-19 restrictions volunteers were instructed to plant a sapling in their own houses. On the 5th of June, each volunteer was instructed to brief about the importance of tree planting and its benefits to the environment. A video was provided as a demonstration on how to properly plant the trees. After the tree planting activity, follow up was done.

Name of the Program : TREE PLANTING
Program Date : June 5, 2021
Venue : Volunteers Home
No. Of Participants : 97



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- PULSE OXIMETER DISTRIBUTION



Pulse oximeters are medical devices used to measure the oxygen saturation (SpO2) in a person's blood. They are commonly used in hospitals, clinics, and other medical settings, and have become increasingly popular for home use, especially during the COVID-19 pandemic. Pulse oximeters are generally small, portable, and non-invasive, and can provide a quick and accurate reading of a person's SpO2 levels.

The COVID-19 pandemic has led to an increased demand for pulse oximeters, as they can help people monitor their SpO2 levels at home and detect early signs of respiratory distress. As part of the Covid-19 care, via '50 rupees challenge' money was collected from the volunteers and distributed pulse oximeters to people at high risk for severe COVID-19, such as those with underlying medical conditions.

Name of the Program : PULSE OXIMETER DISTRIBUTION
Program Date : June 7, 2021
Venue : PONNANI
No. Of Participants : 25
No. Of Oximeters Distributed : 05
Inauguration : Dr. Ajims P Mohammed



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- COVID - 19 VACCINATION CAMP



A COVID-19 vaccination camp is an organised event that provides COVID-19 vaccines to eligible individuals in a community. As part of Covid 19 Care our volunteers have associated with Ponnani Municipality in the conduction of vaccination camp to provide COVID-19 vaccines to eligible individuals in the Ponnani Municipality to protect them from the COVID-19 virus. Vaccination camps were aimed to provide accessible, efficient, and convenient access to COVID-19 vaccines.

Name of the Program : Covid -19 Vaccination Camp
Program Date : June 21, 2021
Venue : Ponnani
No of Volunteers participated : 5

COVID-19 vaccination camps can have a significant impact in reducing the spread of the COVID-19 virus and protecting vulnerable populations from severe illness and death. They provide an efficient and convenient way to deliver vaccines to a large number of people in a short period of time. Vaccination camps can also help to build trust and confidence in vaccines and public health systems, particularly among populations who may be hesitant to receive vaccines.



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• MANGO TREE PLANTING ON NATTU MAVU CHALLENGE



Mango trees are a valuable addition to any landscape, as they provide not only delicious fruit but also shade and aesthetic appeal. Mangoes are a rich source of vitamins A and C, as well as dietary fiber. Mango trees are a valuable addition to any landscape, as they provide shade and help prevent soil erosion. As part of NAATUMAAY DAY our volunteers planted mango trees in their homes.

Name of the Program : NATTU MAVU CHALLENGE
Program Date : July 6, 2021
Venue : Volunteers Home
No of Mango trees planted : 58
No. Of volunteers participated : 50

Planting mango trees can provide numerous benefits, and it is important to be aware of potential challenges associated with growing them. With proper care and attention, mango trees can thrive and provide delicious fruit for years to come.



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• PAPER BAG DISTRIBUTION



Paper bag day is an annual observance that promotes the use of paper bags as a more sustainable alternative to plastic bags. The day is meant to raise awareness about the harmful effects of plastic bags on the environment and encourage individuals and businesses to make the switch to paper bags. It has got a lot of benefits like Renewable and biodegradable, Recyclable, Safe for wildlife. As part of this day hundreds of Paper bags were made by our volunteers and distributed to the local shopkeepers.

Name of the Program : Paper Bag Distribution
Program Date : July 14, 2021
Venue : Ponnani
No of Paper Bags Distributed : 450
No of volunteers participated : 90
Inauguration : Dr. Ajims P Mohammed

Paper bag day promotes the use of paper bags as a more sustainable alternative to plastic bags. While paper bags have their own environmental impacts, they are generally considered to be a better choice than plastic bags. By taking steps to reduce our use of plastic bags and switch to more sustainable options, we can help protect the environment for future generations.



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- DRESS BANK



A dress bank is a charitable initiative that provides clothing assistance to individuals and families who cannot afford to purchase new clothes. The aim of a dress bank is to promote access to clothing and to reduce the financial burden on individuals and families who are struggling financially. As part of this initiative NSS volunteers collected different types of dresses in order to distribute to the needy peoples.

Name of the program : Dress Bank
Program Date : July 20, 2021
Venue : Ponnani
No of Participants : 96

Through this program we were able to promote clothing access, dignity, sustainability, and community engagement. Although challenges were faced, we were able to overcome them and continue to provide much-needed assistance to those in need.



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- **KANAL - WOMEN EMPOWERMENT PROGRAM**

The 'Kanal' project was formulated by the Govt. Of Kerala with an aim to end all domestic and dowry abuse, to empower women and to create awareness among the entire population. As part of this scheme our volunteers performed an artistic form as an awareness and took an anti dowry oath.

Name of the program : KANAL
Program Date : July 23, 2021
Platform : Google Meet, https://www.instagram.com/reel/CRyOISbgr2u/?igshid=YmMyMTA2M2Y=
No of participants : 87



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- **FOOD KIT DISTRIBUTION**



Food kit distribution is a program aimed at providing food and other essential items to those in need. The primary objective of food kit distribution was to ensure that the backward population of Ponnani locality have access to essential food supplies, particularly during times of economic hardship or natural disasters. For this money was collected from the volunteers.

Name of the program : Food Kit Distribution
Program Date : August 17, 2021
Venue : Ponnani
No of Kits Distributed : 50
No of Volunteers participated : 100

Food kit distribution programs are an important means of addressing food insecurity and ensuring that basic needs are met for vulnerable populations. They can be a lifeline for those in need, providing vital support during times of crisis and hardship.



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• FIT INDIA FREEDOM RUN 2.0



Fit India Freedom Run is a program launched by the Indian government in 2020 to promote fitness and physical activity among citizens. The program was initiated as a part of the Fit India Movement, which aims to encourage a culture of fitness and wellness in India. It is an annual event that takes place during the month of August, in commemoration of India's Independence Day. The program encourages citizens to participate in a virtual run or walk, covering a distance of their choice, and upload their activity on the Fit India website.

The primary objective of the program was to promote fitness and physical activity among people of all ages, backgrounds, and abilities. The program emphasizes the importance of staying active and healthy, particularly during times of stress and uncertainty, such as the COVID-19 pandemic. As part of this program our volunteers also participated in this freedom run.

Name of the program : FIT INDIA FREEDOM RUN 2.0

Program Date : September 3, 2021

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Venue Ponnani
Starting Point : Presidents Gate (College Gate)
Ending Point : Ponnani Thaluk Hospital
Kilometers Covered : 1.5 K.M
Inauguration : Dr. Ajims P Mohammed
No of Participants : 90

Fit India Freedom Run is an important initiative that promotes fitness and wellness among citizens, and encourages a culture of healthy living in India. The program has the potential to make a significant impact on public health, particularly in the face of rising rates of non-communicable diseases and other health challenges in India.



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- **PLANTING TREES AND E-WASTE COLLECTION**



Planting trees is an essential activity for preserving the environment and mitigating climate change. Trees absorb carbon dioxide from the atmosphere, purify the air, and provide habitat for wildlife. Electronic waste, or e-waste, refers to discarded electronic devices such as computers, smartphones, and televisions. E-waste can contain hazardous materials such as lead, mercury, and cadmium, which can be harmful to human health and the environment if not disposed of properly. To promote the importance of environment protection our volunteers planted trees and collected e-waste from the college.

Name of the Program : Planting Trees and E-WASTE collection
Program Date : September 30, 2021
Venue : College Surroundings
No of Volunteers participated : 20



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• BEACH CLEANING

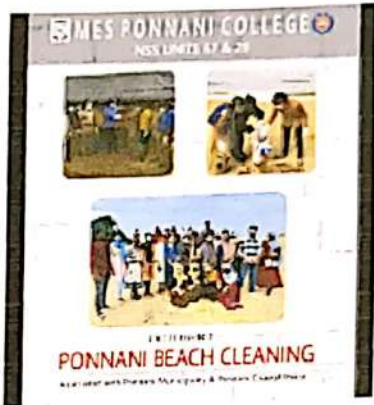
"The greatness of humanity is not in being human but in being humane"



October 2
Gandhi Jayanti
152th Birth Anniversary
MES PONNANI COLLEGE
Ponnani South - 679 586

ആസ്വാദി ക്കു നന്ദയ്ക്കു നമോദയം
**ജനകീയ ശുചീകരണവുമായി
പൊന്നാനി നഗരസഭ**

പൊന്നാനി നഗരസഭയുടെ അധ്യക്ഷതയിൽ നടന്ന ഗാന്ധി ജയന്തി അനുസ്മരണമായി പൊന്നാനി തീരത്ത് ശുചീകരണ പ്രവർത്തനം നടത്തി. പൊന്നാനി നഗരസഭയുടെ അധ്യക്ഷതയിൽ നടന്ന ഗാന്ധി ജയന്തി അനുസ്മരണമായി പൊന്നാനി തീരത്ത് ശുചീകരണ പ്രവർത്തനം നടത്തി. പൊന്നാനി നഗരസഭയുടെ അധ്യക്ഷതയിൽ നടന്ന ഗാന്ധി ജയന്തി അനുസ്മരണമായി പൊന്നാനി തീരത്ത് ശുചീകരണ പ്രവർത്തനം നടത്തി.



Gandhi Jayanti is celebrated every year on October 2nd to commemorate the birth anniversary of Mahatma Gandhi, who was a leader of the Indian independence movement and a strong advocate for nonviolent civil disobedience. As part of Gandhi Jayanti our volunteers decided to clean the shores of Ponnani beach as a tribute to our national father. Beach cleaning on Gandhi Jayanti has several benefits. First, it is an excellent way to promote environmental sustainability and raise awareness about the importance of keeping beaches and coastal areas clean. Second, it provides an opportunity for our volunteers to come together and work towards a common goal. Finally, beach cleaning on Gandhi Jayanti was a great way to honor the legacy of Mahatma Gandhi, who was a strong advocate for environmental conservation and sustainability.

Name of the program : Beach Cleaning
Program Date : October 2, 2021
Venue : Ponnani Beach
No. Of volunteers participated : 75
Associated Partners : Ponnani Municipality & Ponnani Coastal Police
Area Cleaned : 2 K.M
Inauguration : Sri. Shivadas Attupuram (Chairman, Ponnani Municipality)



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• UBA SURVEY



The Unnat Bharat Abhiyan (UBA) survey is a program initiated by the Ministry of Education, Government of India, with the objective of connecting higher educational institutions with rural communities to address the development challenges through appropriate technologies.

The UBA survey involved the following steps:

- Identification of villages
- Baseline survey
- Mapping of resources
- Identification of problems
- Identification of appropriate technologies
- Preparation of a development plan

The UBA survey provided an opportunity for our volunteers to connect with rural communities and to understand their needs and requirements. It also helped in the transfer of appropriate technologies to the villages, which can improve the living standards of the villagers.



Name of the program : UBA SURVEY

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Program Date : October 14, 2021 - November 18, 2021
Surveyed Villages : Edappal, Vattamkulam, Ponnani, Marauchery, Veliankode
No of Surveyed Homes : 3000
No of Volunteers participated : 118

Through UBA survey we were able to connect with rural communities to address development challenges through appropriate technologies.



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• POND CLEANING



Cleaning of ponds is an important aspect of environmental conservation and water resource management. Ponds are an important part of our ecosystem and provide habitat for various aquatic animals and plants. Therefore, cleaning and maintaining ponds are necessary to ensure their health and longevity. As part of giving awareness on this matter our volunteers cleaned a pond which is under the Department of Aquaculture, MES Ponnani College.

The cleaning process of a pond involved the following steps:

- Removing debris
- Draining of the pond
- Removal of sediments
- Scrubbing the pond
- Refilling the pond:

Name of the program : Pond Cleaning
Program Date : October 25, 2021
Venue : Department of Aquaculture, MES Ponnani College



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No of Volunteers participated : 15

Through cleaning the pond we were able to display the importance of environmental conservation and water resource management.



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- **MAKING OF VEGETABLE GARDEN**



Making a vegetable garden is a great way to grow your own fresh produce and promote sustainable living. A vegetable garden provides a source of fresh and healthy food, reduces your carbon footprint, and promotes a connection with nature. In order to find the vegetable for the seven days camp of NSS volunteers made vegetable garden near the Department of English. The soil was prepared by removing weeds, rocks, and debris. Soil was Loosened using a garden fork and added compost to improve the soil fertility. For watering volunteers were divided into groups and duty were divided among them.

Name of the program : Vegetable Garden
Program Date : October 28, 2021
Location : Department of English, MES Ponnani College
No of volunteers participated : 96

Creating a vegetable garden was a fulfilling experience. Later we were able to find vegetables for our THIRA seven days camp.



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- **100 K CODERS MALAPPURAM TRAINING**



A training session for the meta volunteers of 100k coders project was done on 12th December of 2021. 100k coders is a dream project of Malappuram district panchayath. It introduces more than twelve new generation courses to the students who are studying from 6th to 12th. This is a three-month course. It introduces and makes the students genius in the field of computer, cyber technologies like artificial intelligence, 3d printing, block chain, virtual reality, coding, etc.. In the training program of the meta volunteers Farhan and Nihal represented MES Ponnani College.

This session was held in Malappuram district panchayath hall on 12/12/2021. In this program two students represented from each and every government, aided colleges of Malappuram district. In this program it was decided to recruit 25 volunteers from each NSS units and those volunteers who are selected were supposed to install the edapt app and they were directed to complete the Volunteer training course and gain the certificate. Also, it was decided to recruit a total number of 1,000 volunteers from the colleges. CEO, 100k coders, malappuram district panchayath standing committee chairman, malappuram district panchayath secretary, Malappuram district panchayath members attended and spoke in the training program.

Name of the Program : 100 K Coders Malappuram Orientation
Program Date : December 12, 2021
Venue : Malappuram
No of volunteers attended : 2



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- **EXTREME POVERTY ERADICATION SURVEY**

Government of kerala has introduced a new project to find the poorest of poorest in kerala under the supervision of kila. The main aim of the programme is to identify destitute families and bring them above the poverty line through various projects at the grassroots level. As part of this survey, NSS volunteers of MES Ponnani College have worked as enumerators in three grama panchayaths.

- **EDAPPAL**



The Kerala government put forward 'Extreme poverty eradication project' to find out the peoples who belongs below the poverty line and to plan some ideas to empower them. As a part of this project an orientation class conducted on Dec-15 at edappal village office(Hamsakacherry) including 18 NSS volunteers and 18 ward members. The village officer praveen sir gave an detailed explanation about what the project means and How the survey is to be conducted. Edappal village includes 18 wards. An NSS volunteer and a wardmember was selected for each ward's survey. The survey was conducted in 4 days. On 24,26,27&28 of December. The survey taked a clear picture about the basic needs and the living condition of those recorded families. It clearly informed in the village office soon after survey.



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Name of the program : Edappal Project
Program Date : December 24-28, 2021
Venue : Edappal
No of volunteers participated : 20
No of houses surveyed : 50

• **VATTAMKULAM**



Extreme poverty Eradication scheme: On behalf of the survey to find the extreme poverty in Kerala, a preliminary session was held at Vattamkulam Panchayath on 17 Dec for giving an idea about the scheme. This scheme aimed at identifying those living in extreme poverty and preparation of microplans to help them come out of such a condition. This survey was on 23 Dec under the presence of 19 Nss volunteers. There were 19 wards in Vattamkulam Panchayath. Volunteers were scattered to each ward accompanied under the guidance of particular Ward member. Details were collected from each house; about the availability of basic needs and were noted in the provided

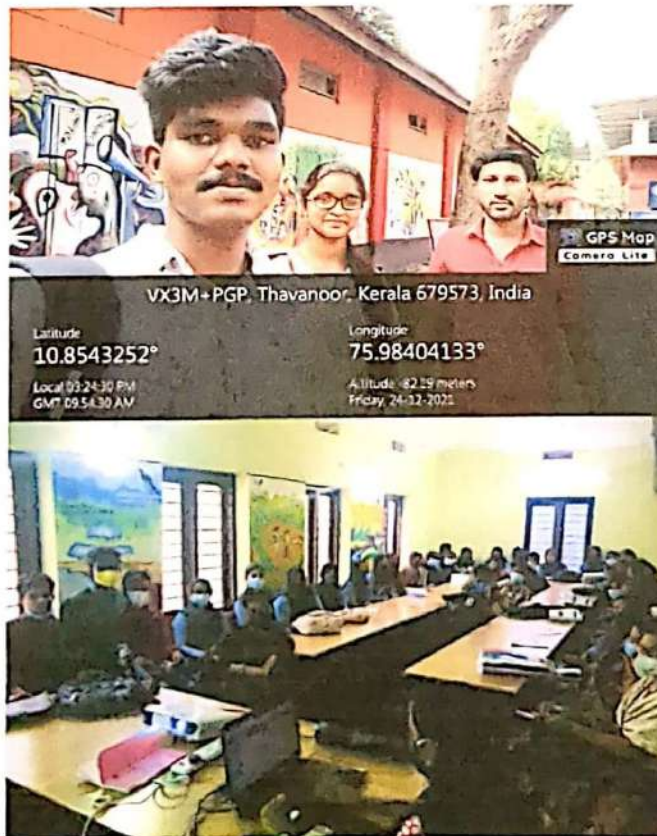


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application (Enumeration). A sum up condition of each households were accurately informed in the panjayath soon after the survey. The remaining ward (some houses)were completed by the following 2 days.

Name of the Program : Vattamkulam Project
Program Date : December 17,23-24, 2021
Venue : Vattamkulam
No of volunteers participated : 19
No of surveyed houses : 50

- **THAVANUR**



For the survey process 38 NSS volunteers were selected as enumerators for 19 wards in Thavanur panchayath. We were given a training program on 20th December 2021 on how to use the mobile app and also what is the aim that the government of kerala had put with this survey. This training was conducted in the panchayath conference hall and was presided by the panchayath secretary and class was taken by Sreedevi ma'am. After the training program it was



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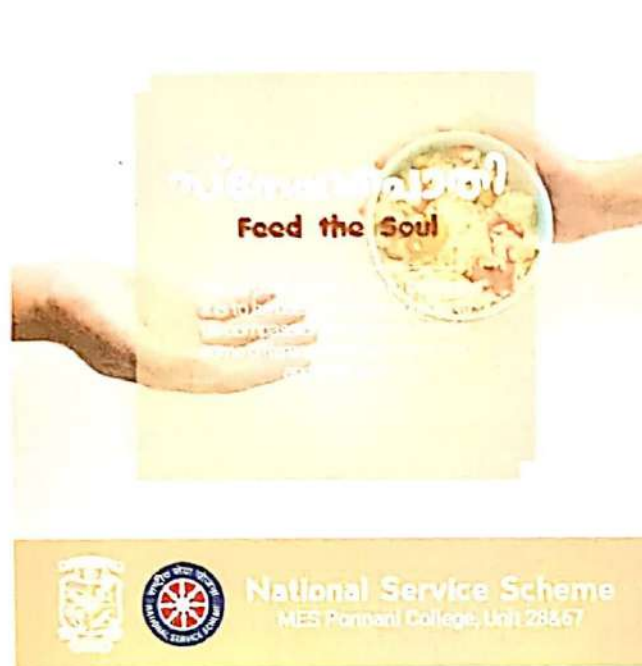
decided to complete the survey process before 24th of December. Ward Wise enumerators list was given and also the officials were introduced. The survey was conducted in 3 days ie, 22,23&24 th of December. Nearly 90 houses were covered in this survey. By 24th of December the whole process of pre enumeration and enumeration was completed.

Name of the Program : Thavanur Project
Program Date : December 22-24, 2021
Venue : Thavanur
No of volunteers participated : 38
No of surveyed houses : 90



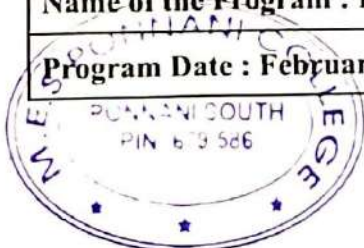
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- **FEED THE SOUL**



Soon after the NSS orientation, which was on Feb 1st, NSS volunteers put forth the first initiative "SNEHAPOTHI". This mainly focuses in between the campus for providing a meal to the students who aren't capable of bringing. Moreover, it isn't a single day project, this continues on every working day and still goes on. Volunteers arranged to bring the meal as each unit in alternative days, as Unit 28 on one day and unit 67 on the next day. Snehapothi was a huge success since it filled both the stomach and heart of the students. Besides that, NSS volunteers showed their 100 percent in this initiative.

Name of the Program : FEED THE SOUL - FOOD TO ALL
Program Date : February 2, 2022 - Ongoing



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Venue : Portico, MES Ponnani College

No of Food per day : 10 Containers



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- **VACCINATION CAMP**



On February 3rd an vaccination camp was conducted at MI girls puthuponnani. Three NSS volunteer were selected to help the registration activity for the vaccination. With the help of an mobile app, volunteers recorded the data of peoples came for vaccination. They doned the registration process of more than 200 people successfully.

Name of the Program : Vaccination Camp
Program Date : February 3, 2022
Venue : MI Girls School Ponnani
No of volunteers participated : 3



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- HAIR DONATION CAMP



FEBRUARY 04
WORLD CANCER DAY

DONATE HAIR
SPREAD LOVE!

Your Hair Will Be Utmost Care

Come and Join our
Hair Donation Campaign




NATIONAL SERVICE SCHEME
UNIT 28&67
MES PONNANI COLLEGE

As a part of cancer day, NSS unit 28&67 of MES college ponnani was conducted a 'Hair Donation' programme on February 4. Three willing students from the college came forward to donate their hair to those cancer patients who lost their hair through chemotherapy. Those, collected cutted hair was given to palliative care in puthanathani.

Name of the Program : Hair Donation
Program Date : February 4, 2022
Venue : EK Hall, MES Ponnani College
No of Donars : 5



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• BIRIYANI CHALLENGE



ബിരിയാണി
ചലഞ്ച്



08/02/22
Tuesday

ദുരിതാനുഭവിക്കുന്നവരുടെ
കൺബിരോധം നമുക്കൊന്നിച്ച്

NSS MES PONNANI, UNIT 67 AND 28



The NSS unit 28 & 67 of mes ponnani college conducted a fund raising program on 08/02/2022 through briyani challenge for the kidney transplantation and the final stage construction of house . It was a successful program with the mind blowing participation of teachers , students and all others . And amount is handed over to the principal of mes ponnani college with pleasure.



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Name of the Program : Biryani Challenge
Program Date : February 8, 2022
Venue : EK HALL, MES Ponnani College
No of containers sold : 670
Amount Collected for Charity : ₹33,500
No of volunteers participated : 16



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● **HONOURING HARITHA KARMA SENA VOLUNTEERS**



On 08/03/2022 Nss unit 28 and 67 of mes ponnani college conducted programs in connection with international women's day in the college. We had organised talking session was about on the topic "inspired women in your life" and honoured Haritha karma sena volunteers. In association with Nss department of Calicut University we had conducted an online session was on the theme "break the bias". The guest of honour in online session by Roshni swapna ma'am from school of literature studies in Malayalam University, it was a wonderful session, to know more about the strength of women and how to face the world's opportunities.

Name of the Program : Women's Day Celebration and Webinar
Program Date : March 8, 2022
Venue : Ponnani Municipality & Google Meet
Resource Person : Dr. Roshni Swapna
No of participants : 97



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- SAMAGRA VIKASANA YAKHNJAM



In the vision of uprising the people of wards 45&46 of ponnani municipality MES ponnani college in association with karma society, has organized a one year plan named "SAMAGRA VIKASANA YAKHNJAM 2022-2023" With the tagline "നിങ്ങൾക്കൊപ്പം ഞങ്ങളും കൂടെ". As part of this prestigious program, each NSS Volunteer has participated and appreciably completed their given duties.



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On 14 th march, NSS Volunteers have issued a notice in every houses in these two wards about this one-year program and welcomed them to the orientation and official inauguration ceremony of this project. On 15 th March, the orientation and official inauguration of this prestigious program were conducted at msk hall. Volunteering duty was given to NSS volunteers. The official inauguration of this project was done by ponnani CI Vinod Sir and the college principal Ajims P Muhammad chaired the program. An introduction to this project was given by karma representative Ismail Basheer. Mes ponnaani college secretary,mes municipal president, karma president were present there. After this inauguration,in ishal eve well known mappilapattu singer Asma kootayi presented the songs. On 16th March, the orientation program for NSS volunteers was given by teachers, on how to take the survey and she introduced the survey questionnaire.On 17 and 18th March, the survey was conducted in both wards by NSS volunteers. they have collected all the required data without any faults. On 24 march survey data uploaded wisely.

Name of the Program : SAMAGRA VIKASANA YAKHNJAM
Program Date : March 14-24, 2022
Venue : MSK HALL & Ponnani Municipality Area
Inauguration : Vinod (Circle Inspector, Ponnani)
No of participants : 99



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- **WEBINAR ON ANAEMIA AWARENESS**



Anaemia is a medical condition in which a person has low levels of red blood cells or haemoglobin, the protein in red blood cells that carries oxygen to the body's tissues. Anaemia can be caused by a variety of factors, including nutritional deficiencies, chronic disease, genetic disorders, and blood loss.

An awareness session on anaemia can help educate individuals about the causes, symptoms, and treatment options for anaemia. As part of it an awareness session was conducted in association with Women- Child Hospital, Ponnani and ICDS Ponnani. Session was conducted on an online platform. The session was concluded with a question and answer session, during which participants asked questions and clarified their doubts about anaemia.

Name of the Program : Anaemia Awareness
Program Date : June 15, 2021
Venue : Google Meet
Resource Person : Nutritionist Sumayya Thasneem
Inauguration : Dr. Ajims P Mohammed
No. Of Participants : 134

An awareness session on anaemia can be a useful tool in educating individuals about the causes, symptoms, and treatment options for this common medical condition. By increasing awareness and encouraging individuals to seek medical attention, we can help prevent the complications associated with anaemia and improve overall health outcomes.

- **'SAKSHI' WEBINAR ON SEXUAL HARASSMENT AGAINST CHILDREN AND WOMEN**



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Webinars against sexual harassment against children and women are online events that aim to raise awareness about the prevalence of sexual harassment and to promote actions to prevent and address it. Sexual harassment is a pervasive problem that affects children and women across the world. It can occur in various forms, such as verbal harassment, physical assault, or exploitation. Sexual harassment can have severe and long-lasting effects on victims, including psychological trauma, physical injuries, and social stigma. The objective of SAKSHI webinar against sexual harassment against children and women is to create a safe space where participants can learn about the issue of sexual harassment, its impact on victims, and the steps that can be taken to prevent and address it.

Name of the Program : SAKSHI Webinar On Sexual Harassment Against Children and Women
Program Date : June 19, 2021
Venue : Google Meet
Resource Person : Saidalavi V P
No. Of Participants : 98

By increasing awareness and providing information and support, webinars against sexual harassment against children and women can help to prevent sexual harassment and to support victims in their recovery and healing.



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• **WEBINAR ON NARCOTICS; YOUTH AND INFLUENCE ON YOUTH**

An anti-narcotics webinar is an online event that aims to raise awareness about the harmful effects of drug abuse and addiction and promote drug prevention and treatment programs. The objective of an anti-narcotics webinar was to raise awareness about the dangers of drug abuse and addiction, promote drug prevention and treatment programs, and provide information and resources for individuals and families affected by drug addiction. The webinar covered a variety of topics related to drug abuse and addiction, such as the effects of different types of drugs on the body and mind, signs and symptoms of drug addiction, risk factors for drug addiction, and treatment options for drug addiction. The webinar also addressed the social, economic, and legal consequences of drug abuse and addiction.

Name of the Program : Anti-Narcotics Awareness
Program Date : June 25, 2021
Venue : Google Meet
Resource Person : B. Harikumar, Coordinator, NASH MUKTH BHARATH ABHIYAN, Malappuram
Inauguration : Dr. Ajims P Mohammed
No of Participants : 168



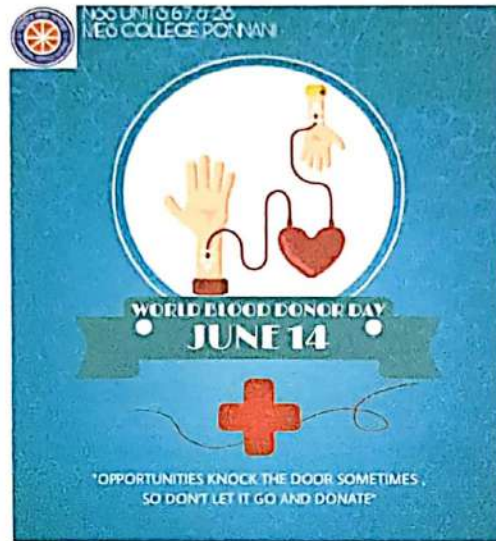
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An anti-narcotics webinar had a significant impact in raising awareness about the harmful effects of drug abuse and addiction and promoting drug prevention and treatment programs.



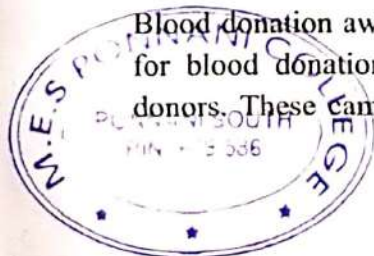
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- AWARENESS ON 'COVID - 19 AND BLOOD DONATION'



Blood donation awareness is a public health campaign that aims to educate individuals about the importance of donating blood and encourage them to become regular blood donors. The campaign seeks to dispel myths and misconceptions about blood donation and raise awareness of the lifesaving impact that donated blood can have. The need for blood donation is significant, as blood and blood products are essential for treating a wide range of medical conditions, including cancer, surgery, and trauma. Blood can only be obtained from volunteer donors, and the demand for blood often exceeds the supply. During the period of COVID-19 blood donors were having a lot of confusion, in order to clear doubts and to give instructions on how to donate blood an awareness session was conducted online. Also a survey was done to collect the details of the interested donors from our college.

Name of the program : Blood Donation Awareness
Program Date : July 15, 2021
Venue : Google Meet
No of Participants : 36
Resource Person : Dr. Rajool Shanis



Blood donation awareness campaigns are critical for raising awareness about the need for blood donation and encouraging healthy individuals to become regular blood donors. These campaigns help ensure a steady supply of blood and blood products,

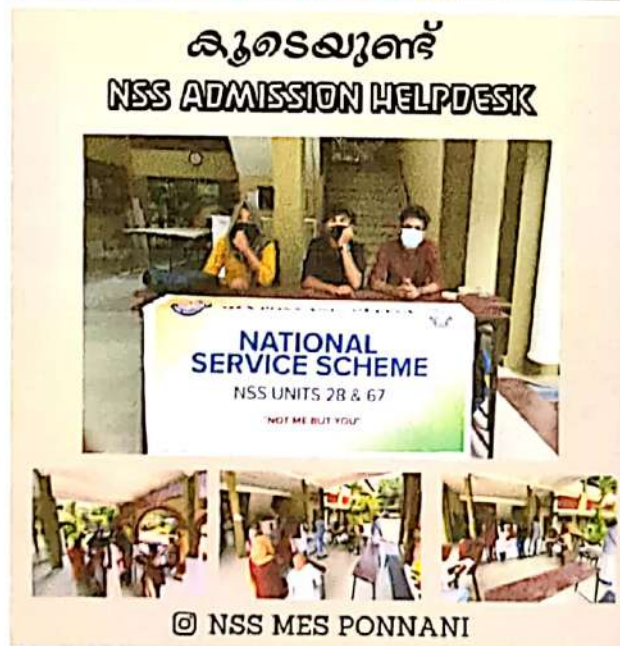
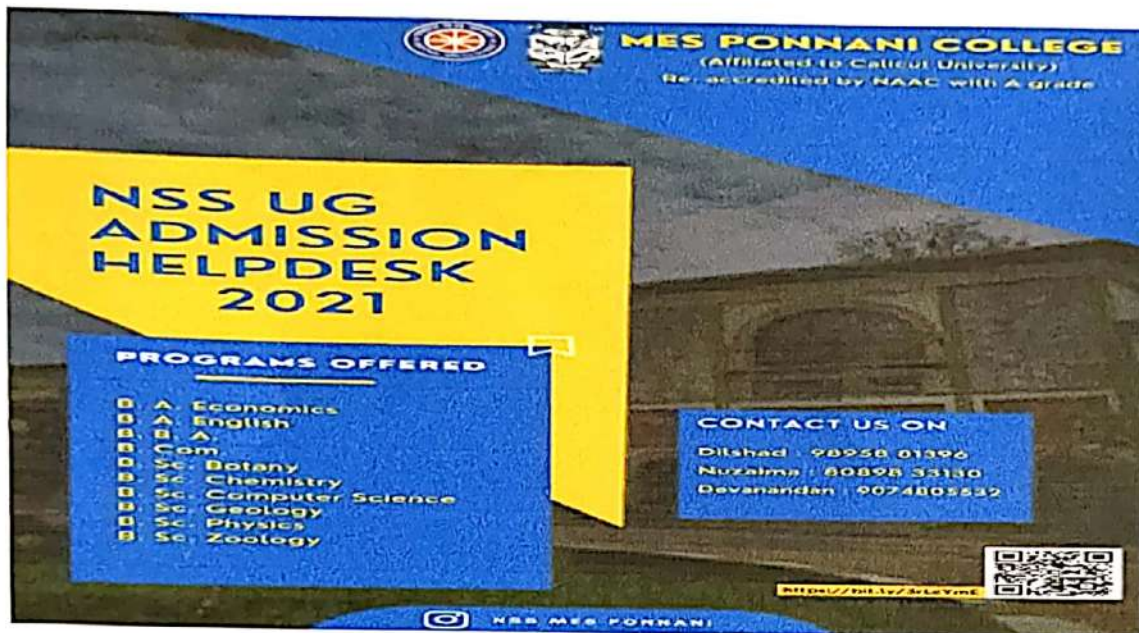
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which are essential for treating a wide range of medical conditions and saving lives. By participating in blood donation drives and spreading the word about the importance of blood donation, individuals can make a significant difference in the lives of others.



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- **ADMISSION HELP DESK**



An admission help desk is a specialised section that provides assistance and support to students who are coming to take admission in our college. The primary goal of the admission help desk was to help students navigate the complex admissions process and provide them with accurate and up-to-date information about the college. We have done this volunteering in a successful way for many days.



Name of the program : Admission Help Desk

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Program Date : August 2, 2021 onwards
Platform : Social Media and College Portico
No of participants : 15



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VIDEO MESSAGE TO STUDENTS ON REOPENING AFTER COVID - 19

As schools was preparing to reopen after the COVID-19 pandemic, it was important to ensure that the reopening process is safe and well-organized. As a way to communicate the reopening process to students, parents, and staffs our volunteers made a video instructions. Video instructions for school reopening after COVID-19 was a powerful tool for communicating important information to students, parents, and staff. By providing a clear and detailed overview of the reopening process, we were able to alleviate concerns and ensure a safe and successful reopening.

Program Name : Video Message to School Students
Program Date : October 4, 2021
Platform : Social Media
Video Link : https://www.instagram.com/tv/CUIHLrwBxNu/?igshid=YmMyMTA2M2Y=



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- **WEBINAR ON CYBER LAWS AND MOTOR VEHICLE ACT**



As the world becomes increasingly digital, cybercrime has become a growing concern for individuals, businesses, and governments. Cyber laws are put in place to protect against cybercrime and ensure the safety and security of digital systems. Also this webinar dealt with Motor Vehicle Act in an effective way to educate students and youth about the various rules and regulations related to motor vehicles. By providing an overview of the Act, emphasizing road safety, explaining the licensing and registration process, and clarifying penalties and fines, attendees was able to gain a clear understanding of the laws that govern motor vehicles. The Q&A session allowed participants to ask questions and clear the doubts via expert advice from the presenter.

Name of the program : WEBINAR ON CYBER LAWS AND MOTOR VEHICLE ACT
Program Date : October 12, 2021
Platform : Google Meet & YouTube
Resource Person : Adv. Sujeer K V
Inauguration : Dr. Ajims P Mohammed
Associated Partners : Taluk Legal Services Committee Ponnani, IEDC MES Ponnani & PG Department of Economics, MES Ponnani College



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- **WALL PAINTING**



Wall painting is an effective way to enhance the aesthetic appeal of a campus and create a positive impression among visitors. It is particularly important in the context of a NAAC (National Assessment and Accreditation Council) visit, as it can help create a positive image of the institution and contribute to a higher score in the accreditation process. As part of it NSS volunteers painted the wall of Department of Aquaculture.

Name of the Program : Wall Painting
Program Date : November 12, 2021
Venue : Department of Aquaculture, MES Ponnani College
No of volunteers participated : 5



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• VOLUNTEERING ON "പൊന്നാനിപ്പാട്ടുകൾ" PROGRAM



On 19 th of December 2021 18 volunteers were given to the book releasing program conducted by 'Mahakavi Moyinkutti Vaidyar Memorial, Kerala Mappila Kala Academy Ponnani Muncpal Committee' at MES PONNANI COLLEGE. On this day "പൊന്നാനിപ്പാട്ടുകൾ" book edited by T.V Abdurahman Kutty Master was released and also honoured well known social worker K Abdul Khayoom . Ponnani MLA P.Nandakumar, Malappuram District Panchayath President M.K Rafeeka,P. Shreerama Krishnan, Shivadas Attupuram,were presented in the program.

Name of the Program : Volunteering Program
Program Date : December 19, 2021
Venue : MSK HALL
No of volunteers participated : 25



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• **SNEHAPATHYAM**



7 days camp for senior NSS volunteers of MES ponnani college named 'Thira' was conducted at 23rd to 30th December. For that camp basic needed items like rice, wheat, vegetables, coconut, oil, etc.. Were collected from the whole students in college.

Name of the Program : Snehapathyam
Program Date : December 23 - 25, 2021
Venue : Portico, MES Ponnani College
No of volunteers participated : 98



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- **SCRIBE**

"Not Me But You" NSS Volunteers are always committed to the society. They are supposed to help each and every person who needs his or her help. NSS Volunteers had been dedicated to the society since its start. For the differently abled candidates NSS Volunteers had written their exams as scribe whenever it's needed. Volunteers had written scribe for the university exam on 6th January. From each department volunteers had participated in this scribe duty.

Name of the Program : Scribe
Program Date : January 6, 2022
Venue : Room No. 119, MES Ponnani College
No of volunteers participated : 22



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- **PALLIATIVE COLLECTION**

In connection with palliative care day NSS Unit 28 & 67 had conducted a fund raising program on 13th of January. This fund raised was given to the well known palliative care unit in Ponnani, Shanthi Palliative Care, Thrukkav. About ₹15,000 was collected by one day and the collected fund was given to them on the sooner day.

Name of the Program : Palliative Collection
Program Date : January 13, 2022
Venue : MES Ponnani College
No of Volunteers Participated : 5
Amount Collected : ₹15,000



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- **VOLUNTEERING**

On 19th of January about 50 NSS Volunteers had taken part in a honouring ceremony as volunteers. The program was conducted from 2 pm to 6 pm at MSK HALL. The volunteers had performed their duties in an appreciable manner and the program coordinators have congratulated the volunteers for their valuable support for making the program a huge success.

Name of the Program : Volunteering
Program Date : January 19, 2022
Venue : MSK HALL
No of volunteers participated : 50



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- **C4CCCI ORIENTATION**



On 14/2/2022 Nss volunteers attended an orientation of C4CCCI. The class was given by Dr. Ramshad PM, district coordinator of C4CCCI. This orientation uplifted the importance of caring children who suffers of cancer and also they need empathy and rather than showing sympathy. Besides sympathy no can do anything to relief them. After the class many NSS volunteers shared their desire to be a part of this huge branch, C4CCCI.

Name of the Program : C4CCCI Orientation
Program Date : February 14, 2022
Venue : Seminar Hall, Department of BBA, MES Ponnani College



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Resource Person : Dr. Ramshad PM

No of volunteers attended : 58



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- **100 K CODERS MALAPPURAM TRAINING**



On the 20/02/2022 3 NSS volunteers representing mes Ponnani College participated in the second phase meeting of the 100 K Coders Program organized by Malappuram District Panchayat in collaboration with Edapt. There introduced me to the technical future world opportunities and about 160 around courses.

Name of the Program : 100 K CODERS TRAINING
Program Date : February 20, 2022
Venue : Malappuram
No of volunteers attended : 3



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- **GARDEN CLEANING**



Considering the importance of organic vegetables in this busy life schedule, on March 3 Nss units 28 and 67 replanted the vegetable garden in the college campus. Initially the dead plants,weeds and surrounding areas of the garden were renewed. Around 60 plus volunteers took part in this renovation activity.Further lookaftering were take off by the volunteers itself and also a volunteer had assigned the duty to assure the further measures taken regarding the garden.

Name of the Program : Garden Cleaning
Program Date : March 3, 2022
Venue : Department of English, MES Ponnani College
No of volunteers participated : 63



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- **SCRIBE**

NSS volunteers have written the scribe exams (Second semester university exams) for the students from 4-3-2022 to 11-3-2022 About 18 students have written scribe exams. Every department nss volunteers have taken part in this.

Name of the Program : SCRIBE
Program Date : March 4-11, 2022
Venue : Room 119, MES Ponnani College
No of Volunteers participated : 18



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- ANTI - WAR PLEDGE

"WAR does not determine who is RIGHT only who is LEFT"

ANTI WAR PLEDGE

🕒 11:20 AM
📅 04/03/2022
📍 PORTICO ROUND

JOIN WITH US!

Let's put our hands together against this blood shed.

 NATIONAL SERVICE SCHEME
MES PONNANI COLLEGE
UNIT 28&67 



On 4-03-2022 The NSS unit 28&67 of Mes ponnani college conducted a Anti-war pledge against Ukraine crisis. Everyone took the pledge out of circle in portico round at 11:20AM. NSS secretary basith has given the pledge. Posters and sudoku birds were also prepared. All nss volunteers has participated in this pledge.

Name of the Program : Anti - War Pledge
Program Date : March 4, 2022
Venue : College Round
No of volunteers participated : 108



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- **DISTRICT LEVEL YOUTH PARLIAMENT PROGRAM**



Nehru Yuva Kendra Malappuram and Kites Foundation The two organizations jointly organized the District level neighborhood youth parliament program on March 20, 2022. They had a way of selecting children for this event. Nihal selected from our college. The event was a two-day event.

Name of the Program : District Level Youth Parliament Program
Program Date : March 20 - 21, 2022
Venue : Malappuram



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- Q & A SESSION



On 21/03/2022 the NSS unit 28 and 67 of MES Ponnani college has conducted an Q and A section on the basis of world Tuberculosis Day. Some doctors from TB Hospital came to our college and take awareness class about TB. They asked us some questions. They also gave gifts to those who answered . It is conducted in debate corner at 10:00am. Many NSS volunteers had participated in this class.

Name of the Program : Q & A Session on Tuberculosis
Program Date : March 21, 2022
Venue : Debate Corner
No of participants : 68



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- **SAGARA ENTREPRENEURSHIP FEST**



MES ponnani college, community outreach center sagara(ready made dress)and ED club in association with NSS units organized a sales fair on 23rd march at MES college. All the students and teachers of the college came to the sales fair and some of them buy dresses also. This was an profitable sales for sagara members.

Name of the Program : Sagara Entrepreneurship Fest
Program Date : March 23, 2022
Venue : Girls Room, MES Ponnani College
No of volunteers : 5



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AUGUST 10

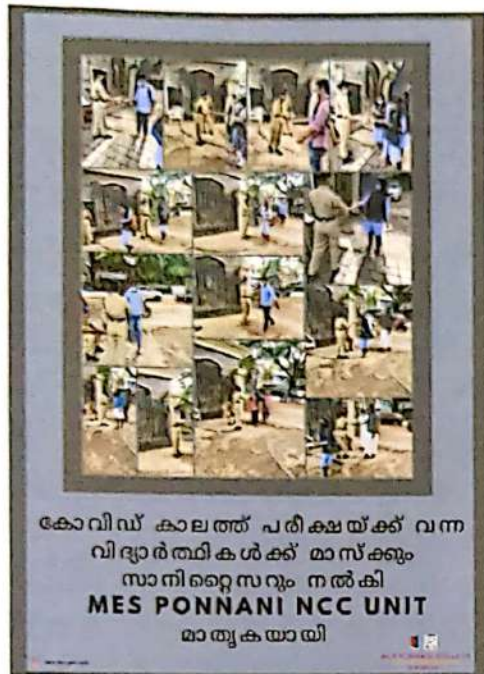


To help the student from our college with the disease lymphoma, the MES Ponnani College NCC unit collected funds for her medical expenses. We submitted the amount of 27000 Rs to Dr V. U. Ameera, principal of MES Ponnani College.



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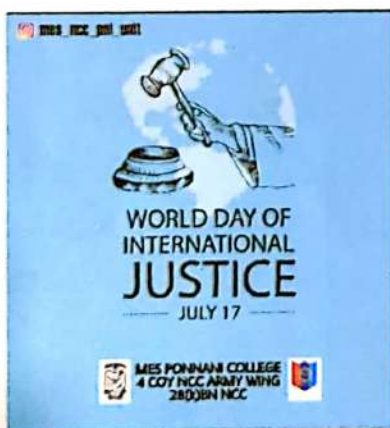
July 15: Distribution of Mask and Sanitizer



As the covid 19 pandemic is rising day by day it is better to take precautions. Anyhow university exams cannot be canceled.

The NCC unit distributed masks and sanitizers to all the students who came to the college on July 15 to appear for the exams thereby ensure their safety.

July 17: International Justice Day



" There can be no peace without justice and respect for human rights"

The NCC unit prepared a poster in connection with the international justice day on July 17



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NOVEMBER -21
PUNEET SAGAR ABHIYAAN

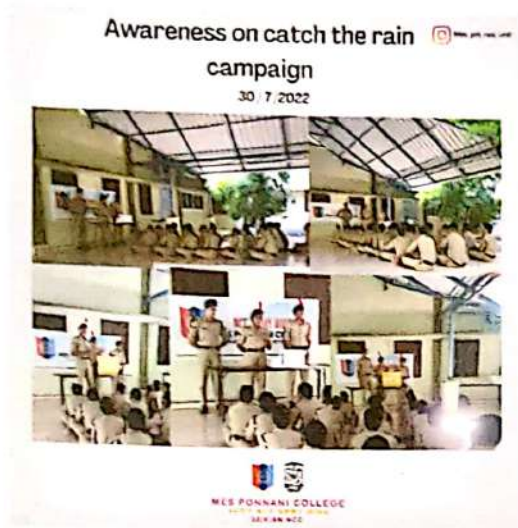
The NCC unit of MES Ponnani College had conducted a campaign called 'Puneet Sagar Abhiyan' in protecting the water from plastic contamination. Every Ncc cadet took 'Puneet Sankalp' and committed himself/herself to preventing the spread of plastic Pollution. A rally was conducted, which started around 10:30 a.m., and was inaugurated by our principal, Dr. V. U. Ameera, from the college to Ponnani Harbour with NCC cadets having placards. Word of Welcome was done by ANO lieutenant Dr. Thoufeeq Rahman. The program was inaugurated by the opposition party leader of ponnani municipality Mr. Farhan and the ward councillor Mr. Ismayil delivered a speech to NCC cadets. Through the speeches, Cadets get an idea of how the toxins from the plastics have entered the food chain and threaten human health. Following this, everyone was allowed to collect plastics in bags and clean the surroundings without considering the hottest weather. After cleaning, we went back to the college.



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July 30

Awareness on catch the rain campaign

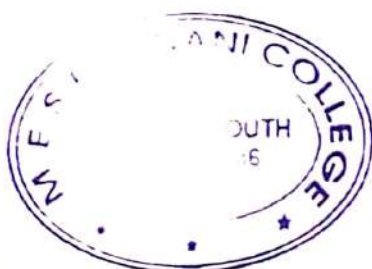


An awareness class was held by the NCC unit of MES College Ponnani as per the information from the battalion. Cadets presented their projects on various topics related to the importance of water. Water is essential for our life and daily routine. All living things rely on water and are made up of water. 60% of human body is composed of water. This clearly show that ,living things cannot live without water. But human beings are misusing it in many ways. But they are not aware of how to reuse them in many ways.

NCC unit MES Ponnani college has conducted an awareness class on 'How to reuse water' on the theme 'catch the rain'. National water mission, Ministry of jal Shakti launched this campaign "catch the rain" by the tag line of catch the rain, where it falls, when it falls.

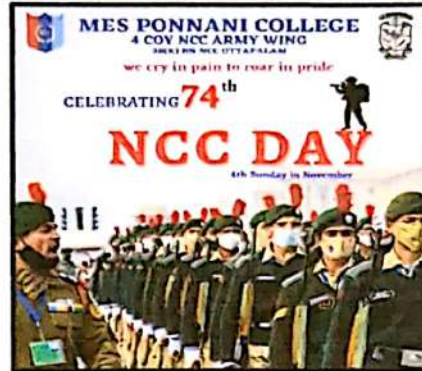
Our cadets conducted classes on 4 different topics with demonstration. The awareness class started with a brief intro about the importance of water and its use. Topics included: Rain water harvesting, Roof top water harvesting, water purification, Reuse of water with demonstration.

31 cadets were present at the awareness class. All of them had understood the importance of water and the correct methods of reusing it and purifying them for household processes. At the end of the section all the cadets had decided to improve their daily routine by conserving water in their own methods. The section had covered all the topics on how to conserve rain water.



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NOVEMBER -27
NCC DAY



The National Cadet Corps (NCC) is celebrating the 74th anniversary of its Raising Day on 27 November 2022. Every year, NCC Day is observed on the fourth Sunday of November. On the behalf of NCC day, the NCC Unit of MES Ponnani College conducted many programs. For the beach cleaning program, all the cadets went to Ponnani beach to clean the beach surroundings. Then went to Kollanpadi to clean an area called 'Kavimuttam'. All cadets committed to the program cheerfully. Kollanpadi inhabitants cooperate with us very well and they give us lime water and sweets. The participation of all NCC cadets was great throughout the program.



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